



October 2011

Approval of Next Phase of Redevelopment

On September 23, 2011, Premier Dalton McGuinty visited CAMH with news of the approval of the third phase of the Queen Street Redevelopment Project.

This third phase (Phase 1C) will create a new patient care facility for clients in CAMH's Schizophrenia, Dual Diagnosis, and Mood and Anxiety programs. Instead of outmoded cinder block buildings, these clients will receive treatment in a high quality, recovery-oriented building that will support the best possible care in an environment that fosters respect, dignity, and hope.

"We are fully committed to improving mental health services for Ontarians," said Premier McGuinty. "That's why we're so pleased to support the third phase of redevelopment at CAMH."

Phase 1C will also create the Centre for Discovery and Knowledge Exchange. The first of its kind for addictions and mental health, this centre will serve CAMH's research and innovation enterprise and help attract more of the best and brightest to advance our understanding of addictions and mental illness, find better treatments, and eventually, discover a cure.

"We need to transform care for people with addictions and mental illness, replacing outmoded institutional facilities with new, therapeutic buildings specially designed for independence, dignity, and recovery," said Dr. Catherine Zahn, CAMH President and CEO. "We need to change attitudes while we revitalize our community. We need to expand our research and our understanding of these devastating illnesses that directly affect one in five Canadians. This phase of the CAMH redevelopment will allow us to do that, and more."

In addition, a new creative arts centre to support the artistic pursuits of individuals with addictions and mental illness will be co-located in the new Centre for Discovery and Knowledge Exchange, featuring a 450-seat theatre and a storefront art gallery. The community daycare centre will be co-located in Phase 1C's new client care building. It is anticipated that construction will begin in late 2016.

"The CAMH Queen Street Redevelopment Project promises to change the future of mental health and transform many, many lives," added Dr. Zahn.



CAMH President and CEO, Dr. Catherine Zahn (at left, foreground) and Ontario Premier Dalton McGuinty (to her left) speak to CAMH staff about the Queen Street redevelopment during the Premier's visit to CAMH on September 23, 2011.

History Takes Root in a New CAMH Building

On August 22, 1846, 165 years ago, the cornerstone of the original 'Provincial Lunatic Asylum' was laid by the Honourable Chief Justice John Beverly Robinson. Over the next century and a half, various psychiatric institutions evolved on this Queen Street site; and in 1998, the Centre for Addiction and Mental Health was established in this same location.

Today, there is yet another evolution underway on this site as three new buildings near completion and CAMH prepares to move in spring 2012.

In the June issue of this newsletter, we shared the new artwork that will adorn the lobbies of the Bell Gateway Building and Intergenerational Wellness Centre, which will also be reflected in way-finding and signage throughout the two buildings. Here, we share with you the visual theme for the Utilities and Parking Building – the history of CAMH.

The story of CAMH is the story of two centuries of Canadian mental health history in its every aspect, including attitudes towards addictions, mental health, the treatment of patients, the provision of services, patient community activism, and medical and civil community responsiveness.

This legacy will be prominently displayed as a photomontage of archival imagery, which will run approximately 80 linear feet throughout the main floor of this modern facility.

The 1868 photo of the 'Provincial Lunatic Asylum' taken by the Notman & Fraser Studio will be featured in the photomontage and in way-finding and signage throughout the Utilities and Parking Building.

For full details on the history of CAMH and the Queen Street site, visit the CAMH website at www.camh.net. Then, click on 'Queen Street Redevelopment', and then, on 'History'.



This photo of the 'Provincial Lunatic Asylum' was taken in 1868 by the Notman & Fraser Studio and is provided courtesy of the Toronto Reference Library, Baldwin Room.

Mosaic Begins to Take Shape

The translation of Michael Morbach's artwork into a mosaic is a work of art in itself.

As 13 artists from Workman Arts, a CAMH partner, begin working from this inspirational sketch piece by piece, under the guidance of mosaic specialists from Red Pepper Spectacle, the mosaic, to be displayed in the Intergenerational Wellness Centre, begins to take on a life of its own.

The colours and the shapes are beautifully represented and even in these early stages, one

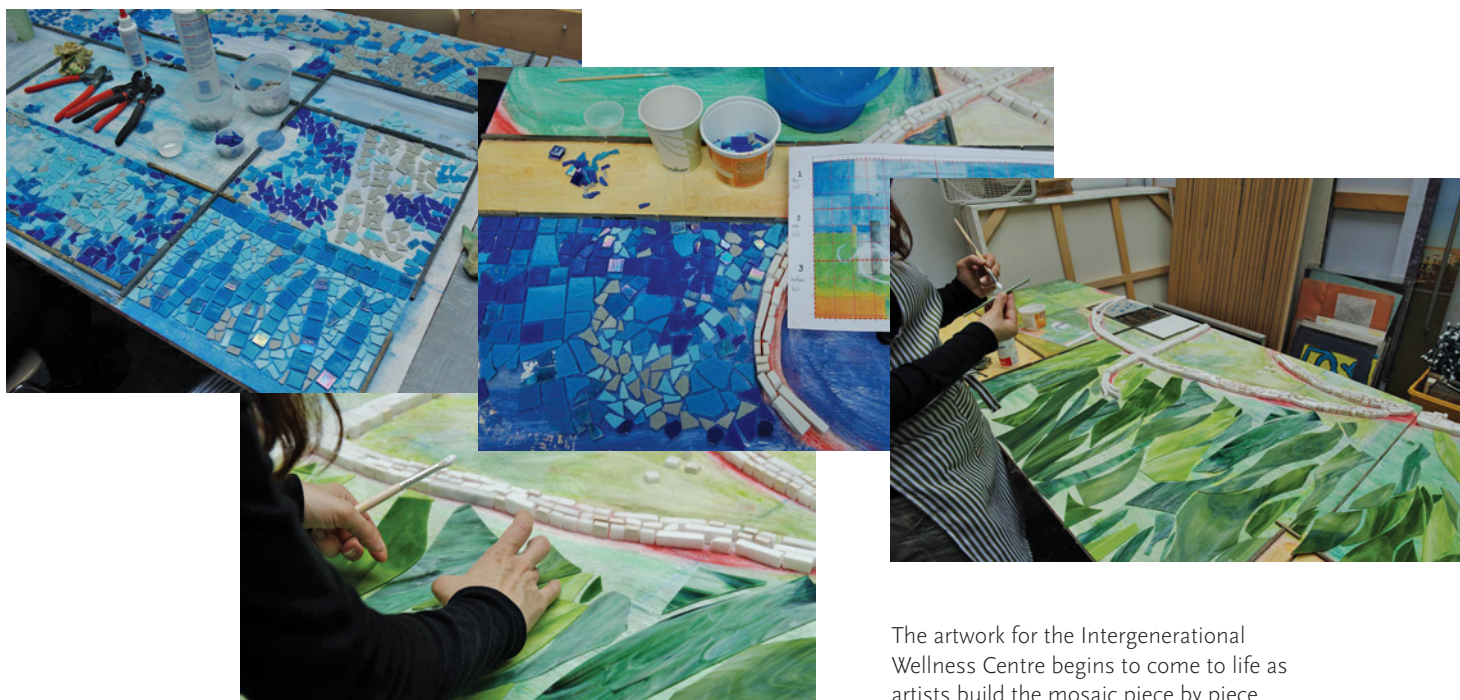
can begin to reflect on the artistry and values of the piece and its inspired elements.

This piece, as shared in the June issue of this newsletter, reflects the structure of the building in which it is being placed and can be interpreted as the restrictiveness a client can feel due to an addiction or a mental illness. The colours reflect a landscape that can be seen as an increasing freedom from the horizontal and vertical lines and shapes, as well as an increasing freedom from an addiction or a mental illness. The

dancing white lines represent the joy of that freedom.

The main mosaic will be a mural that will embellish a full wall in the main lobby of the Intergenerational Wellness Centre. In addition, five smaller works inspired by this main mural will be installed in the main floor corridor leading away from the lobby. The artwork will also be reflected in way-finding and signage throughout the building.

The rough sketch of the artwork by Michael Morbach that is being translated into a mosaic for the Intergenerational Wellness Centre.



The artwork for the Intergenerational Wellness Centre begins to come to life as artists build the mosaic piece by piece.

The Buildings and Programs of Phase 1B

The three buildings of Phase 1B of the Queen Street Redevelopment Project are progressing, which means many CAMH staff, clients, programs, and services will be on the move in spring 2012. But, do you know what will be in each of the new buildings?

Let's start to put the pieces together.

The Bell Gateway Building

The Bell Gateway Building will bring together a variety of outpatient programs, key central clinical services, and the support and administrative functions required by CAMH's eventual Queen Street hub.

At seven storeys tall, this building will include the Mood and Anxiety Program's outpatient services and clinical research, as well as the Addictions Program's outpatient services and the Addictions Program's Office of Education and Training.

Also housed in this building will be physiotherapy, clinical labs, the Family Council and Family Resource Centre, as well as Spiritual Care and the Sacred Space Worship Room.

The gymnasium and the client-run 'Out of This World Café' with a sidewalk patio will also be found here.

The Intergenerational Wellness Centre

The Intergenerational Wellness Centre will combine both the inpatient and outpatient programs for CAMH's Child, Youth and Family Program (CYFP) and Geriatric Mental Health Program (GMHP) in six floors.

The GMHP inpatient program will include 48 beds for seniors with complex mental health issues and the CYFP inpatient program will house 12 inpatient beds for youth with both addictions and mental health issues. These inpatient youth beds are the first of their kind in Canada.

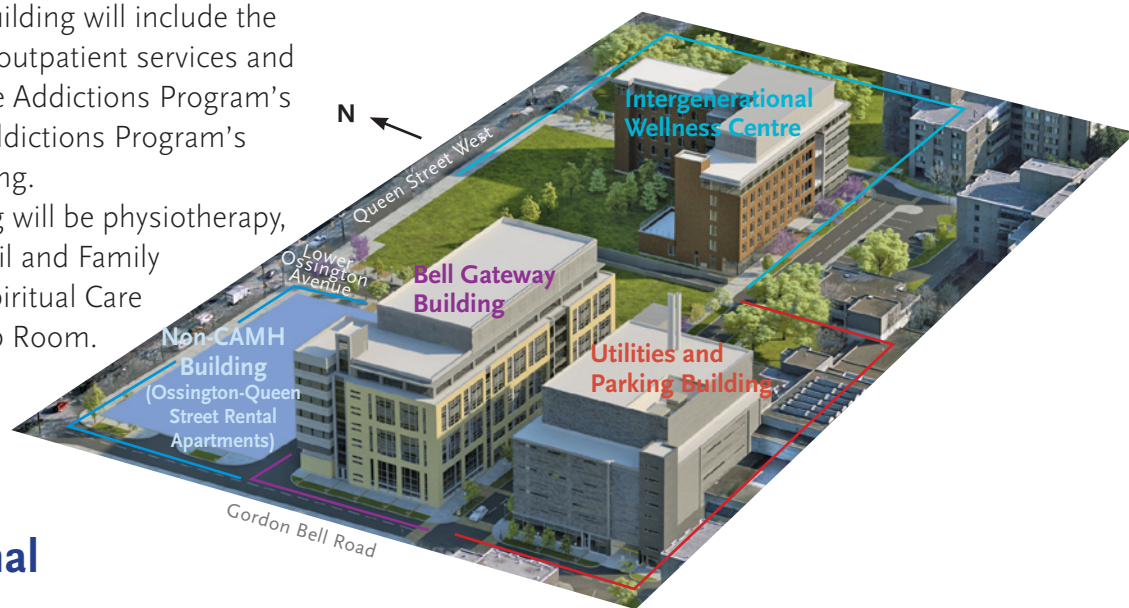
The following outpatient services will be found in the Intergenerational Wellness Centre:

- the GMHP's Psychogeriatric Assessment, Consultation and Education (PACE) outpatient services
- the CYFP's outpatient services
- the CYFP's day hospital

The Utilities and Parking Building

The Utilities and Parking Building will have eight floors with six of those being dedicated to parking. This building will also feature bookable meeting rooms, a legal services hearing room, CAMH computer labs, a video conference room, and Activities of Daily Living rooms, including client assessment spaces.

Of note is the fact that the Utilities and Parking Building is also the environmentally friendly central plant that will supply the heating and cooling for all three buildings.



Bell Gateway Building

- Addictions Program outpatient services
- Mood and Anxiety Program outpatient services
- Core hospital support services and administrative functions
- Physiotherapy and Labs
- Family Council and Family Resource Centre
- Spiritual Care and the Sacred Space Worship Room
- Main floor gymnasium
- Out of This World Café with outdoor patio

Intergenerational Wellness Centre

- Geriatric Mental Health Program, including 48 inpatient beds
- Child, Youth, and Family Program, including 12 inpatient beds for youth with concurrent disorders, the first dedicated beds of their kind in Canada
- Geriatric Mental Health Program – outpatient and day treatment services
- Child, Youth and Family Program – outpatient and day treatment services
- Private courtyard and terraces

Utilities and Parking Building

- Bookable client assessment space and meeting rooms
- Computer labs and video conference room
- Activities of Daily Living rooms
- Central heating and cooling plant
- Six floors of parking

CAMH Move Preparations Underway

In the March issue of this newsletter, we mentioned that CAMH is gearing up to move into the new buildings in spring 2012. This is a large and complex endeavour that requires much attention to detail, such as new protocols for emergency codes, considerations for moving patients to the new buildings and between the buildings, moving programs and services from other locations to the Queen Street site, way-finding and signage, parking, and much more.

As moving a hospital involves a multitude of aspects – staff, patients, equipment, furniture, protocols, procedures – teams representing programs, services, and functions from across CAMH began holding regular planning sessions in November 2010.

Planning is now in full swing and staff continue to meet and learn about the new buildings and ways in which they will deliver CAMH's new model of care in their new environments.

To start the 'getting ready' process, some programs have developed e-newsletters, some are incorporating the redevelopment and move preparations into team meetings, and some are working through the complexities of a 'day-in-the-life' of staff, clients, and visitors in the new locations.

Here is a look at some of the ways in which a few programs are preparing for the move to ensure a smooth transition.



Addictions Program staff members review the plans for the Bell Gateway Building as they prepare to 'walk' themselves, clients, family members, and visitors through a 'day-in-the-life' in the new building.



Staff from the Child, Youth and Family Program gear up for the move into the new Intergenerational Wellness Centre.



Mood and Anxiety Program staff members discuss their thoughts on the transition to their new location during the program's staff retreat.



One staff member shares his views on the Mood and Anxiety Program's journey with his colleagues during a group discussion at the staff retreat.



A 'New Street' and a New Name

CAMH recently received approval from the City of Toronto to apply the name Stokes Street to 'New Street' (south of Queen Street West, between White Squirrel Way and Shaw Street).

Stokes Street is in honour of Professor Aldwyn B. Stokes who held many notable positions within the field of psychiatry and is known as a leader in the establishment of the Clarke Institute of Psychiatry, which opened in 1966. The Clarke was one of four institutions that merged to form CAMH in 1998; the other three were the Addiction Research Foundation, Donwood Institute, and Queen Street Mental Health Centre.

As well, Stokes Street complements nearby streets also named in honour of historic leaders in addictions and mental health: Workman Way (after Joseph Workman, the visionary medical superintendent of the 'Provincial Lunatic Asylum', the precursor of the Queen Street Mental Health Centre) and Gordon Bell Road (after the pioneering addictions physician who founded the Donwood Institute).

With the naming of Stokes Street, CAMH is pleased to announce that the winner of its Street Naming Contest is John Court, CAMH Archivist. More than 170 people participated in this contest with many individuals submitting more than one name. CAMH thanks everyone for their suggestions and participation.



Professor Aldwyn B. Stokes, 1965

A New Name for Freedom Street – Renamed Lower Ossington Avenue

CAMH also received City of Toronto approval to rename Freedom Street to Lower Ossington Avenue. It had come to CAMH's attention that many within the CAMH community, especially clients, did not consider the name, Freedom Street, to be appropriate. For clients who feel "trapped" by their addiction or mental illness and those who are at CAMH involuntarily, the name was perceived to have a cruel irony. This name change to Lower Ossington is also in keeping with CAMH's vision of integrating our Queen Street redevelopment with the neighbouring community.

New Buildings and New Addresses

With a new street and new street names within the redevelopment of the CAMH Queen Street site, come new addresses. Upon the opening of the three new buildings in spring 2012, the following addresses will apply:

- Bell Gateway Building – 100 Stokes Street
- Utilities and Parking Building – 101 Stokes Street
- Intergenerational Wellness Centre – 80 Workman Way

The existing buildings on the Queen Street site will retain their 1001 Queen Street West address.



New Street, the subject of a CAMH street naming contest, will be renamed Stokes Street in honour of Professor Aldwyn B. Stokes

CAMH Construction Update

Walking by the CAMH site on Queen Street West, one can see the incredible progress of the three Phase 1B CAMH buildings.

Bell Gateway Building: The exterior of this building is essentially closed in and all exterior windows are now installed. The exterior metal cladding façade and brick are underway throughout the building; and the interior drywall is underway up to the sixth floor. As well, elevator installation is taking place and all major electrical and mechanical equipment has been delivered and connected. Power has been delivered to the building and commissioning activity has begun on some of the systems. In addition, paint finishes have started on the lower floors and the walk in refrigeration units are being installed in the basement kitchen area.

Intergenerational Wellness Centre: The exterior of this building is essentially closed. The exterior windows are substantially complete and exterior brick work is well advanced. In addition, the drywall is underway up to the fifth floor. Also, on the lower floors, client bedrooms have been painted and in those bedrooms, the tiles in the washrooms have been laid. Elevators are currently being installed. In addition, the power to the switchgear has been turned on and all major mechanical and electrical equipment, as well as transformers, have been installed.

Utilities and Parking Building: The structure of this building is now complete. The exterior cladding is underway and inside, ground floor finishes and drywall work are taking place. In both the penthouse and the basement of this building, the mechanical and electrical equipment have been connected and commissioning activities are underway. The cooling towers, diesel generators, fuel tanks, and natural gas station have been installed. As well, traffic guardrails and parking area toppings are being installed.

In general, site service installation is now complete and the final grading will start next week in preparation of curbs, sidewalks, roads, and landscaping. Their development will be ongoing between October and December. This time period will also see the majority of the work on interior finishes and the completion of exterior envelopes taking place.

In the new year, the physical construction of the buildings will be completed. Following that, activities that will continue include completion of testing and commissioning; performance testing; inspections by the City of Toronto, consultants, and third parties; fire alarm verification; furniture installation; balancing of water systems; controls completion and verification; equipment start ups; window cleaning; cleaning of the interiors of the buildings; site preparation for handover; and many other activities.



Photos of the three CAMH Phase 1B buildings taken in early September 2011 show the progress of this major Redevelopment Project.

First Non-CAMH Building Taking Shape

The construction of the first non-CAMH building – the Ossington-Queen Street Rental Apartments – is now above ground. Retail shops and businesses are expressing interest in the building's ground floor retail space and applications for the residential units are now being received.

Shoppers Drug Mart Coming to Queen and Ossington

Recently, Forum Equity Partners and Verdiroc Development Corporation (Forum/Verdiroc) informed CAMH that Shoppers Drug Mart has agreed to be a tenant in this new development.

With CAMH's Queen Street Redevelopment Project well underway, this is good news for the initiative. CAMH, with local community involvement, planned this project with the vision of an integrated community that contributes to the revitalization of the area while creating a neighbourhood where our clients will feel welcome and at home.

An essential component of this vision is the inclusion of appropriate non-CAMH land uses alongside CAMH's new hospital facilities, within a diverse, pedestrian-oriented, green community. With this in mind, Forum/Verdiroc, award winning developers of affordable housing, have designed this retail space at 1033 Queen Street West and the affordable rental housing at 100 Lower Ossington Avenue to complement the streetscape and culture of the West Queen West community.

CAMH will work with Forum/Verdiroc, Shoppers Drug Mart, and other tenants to ensure that this new, mixed-use building is a welcoming place for CAMH clients and the wider CAMH community.

Shoppers Drug Mart will be a retail tenant on the ground floor of the Ossington-Queen Street Rental Apartments.

Update on Construction

The Ossington-Queen Street Rental Apartments are now at the second floor level with walls being formed, and utility services, such as water, telephone, and hydro, being brought to the building. Ongoing work will include the application and installation of steel, concrete, pipes, wiring, and waterproofing. The roof is expected to be completed in November-December 2011. Construction for this project began in September 2010 and projected occupancy is spring 2012.

Building Features

Upon completion, the building at 100 Lower Ossington Avenue will be an energy efficient building with a green roof, a second floor laundry room with generous windows, a lounge area and balcony, and access to a landscaped roof deck. Other features include central air conditioning, secure car and bicycle parking for residents, and common areas with a multi-purpose room. All apartments will have parquet floors, a fridge and stove, tile floors in all kitchens and bathrooms, and blinds on all windows.

The seven floors of much-needed affordable, rental housing will include 179 units, ranging from bachelors to three-bedroom apartments, for families, seniors, singles, and people with physical and mental health challenges.

For more features and information, go to www.verdiroc.com and click on the "100 Lower Ossington Avenue" link in red.



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